

TURP

What is a 'TURP'?

- TURP stands for *trans urethral resection of prostate*, otherwise called a 're-bore'
- Obstructing prostate tissue is removed with a telescope to improve urine flow
- Only the inner part of the prostate is removed, to increase the internal diameter
- This may identify cancer being present, but is not a cure for prostate cancer

How long does it take?

- 40 – 60 minutes under a general or spinal anaesthetic
- Please discuss details of the anaesthetic with your anaesthetist

What do I need to do before surgery?

- Stop taking blood thinning medication when advised by your surgeon
- You must not eat or drink for 6 hours before your operation

What are the risks?

- Bleeding and blood clots in urine
- Infection in urine or blood (sepsis) - antibiotics are given
- Dry ejaculation
- Narrowing of urethra or bladder neck
- Erection difficulties – rare
- Need for blood transfusion – rare
- Incontinence – very rare

What can I expect after surgery?

- A catheter remains for 1 - 2 days to drain urine and wash out any blood clots
- Hospital stay is 2 - 3 days
- You may have some urinary frequency, urgency or blood in your urine during recovery, which can take up to 6 weeks to settle
- You will be given a post-op review appointment about 6 weeks following surgery

Peter Sutherland, John Bolt, Brian Landers, Richard Wells, Darren Foreman

326 South Terrace, Adelaide, 5000.

Telephone: 8223 1472 www.sturology.com.au